

SPEEDOMEETING 2026: Session: 5: COACH evaluation sheet for TEAM: OZEKA

Coachinfo: Warming up from: 13:00 untill 13:45. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Devriese Boris

Coaches: Wielfaert Wout

PB => Personal Best time SB => Seasons Best time: Season starting point: first of September.

Event number: 24: 200M MEDLEY MEN 11+ Heat:6, starttime: 14:35

Heat: 6/19 Lane : 0 Athlete: VAN NIEUWENHUYZE LUKAS				Q-time: 03:09:39
PB (50m pool): 03:09.39 Kortrijk 26/12/2025				PB (25m pool): 03:28.13SB: 03:09.39 Kortrijk 26/12/2025
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M
PB	00:43.90	01:35.28	02:27.25	03:09.39
	00:43.90	00:51.38	00:51.97	00:42.14
				

Coach feedback:

Event number: 24: 200M MEDLEY MEN 11+ Heat:6, starttime: 14:35

Heat: 6/19 Lane : 3 Athlete: VAN BRAECKEL SEPPE				Q-time: 02:58:80
PB (50m pool): 02:58.80 Antwerpen 20/07/2025				PB (25m pool): 02:51.09SB: 03:05.01 Gent 08/02/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M
PB	00:41.56	01:25.82	02:19.61	02:58.80
	00:41.56	00:44.26	00:53.79	00:39.19
				

Coach feedback:

Event number: 24: 200M MEDLEY MEN 11+ Heat:9, starttime: 14:50

Heat: 9/19 Lane : 9 Athlete: BOONEN KAREL				Q-time: 02:50:26
PB (50m pool): 02:50.26 Gent 08/02/2026				PB (25m pool): 02:44.98SB: 02:50.26 Gent 08/02/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M
PB	00:38.21	01:21.18	02:12.78	02:50.26
	00:38.21	00:42.97	00:51.60	00:37.48
				

Coach feedback:

SPEEDOMEETING 2026: Session: 5: COACH evaluation sheet for TEAM: OZEKA

Event number: 26: 400M FREESTYLE WOMEN 11+							Heat:2, starttime: 15:55										
Heat: 2/10 Lane : 9 Athlete: VAN LIERDE ROOS							Q-time: 05:42:92										
PB (50m pool): 05:42.92 Gent 08/02/2026									PB (25m pool): 05:37.86 SB: 05:42.92 Gent 08/02/2026								
	5 0 M		1 0 0 M		1 5 0 M		2 0 0 M		2 5 0 M		3 0 0 M		3 5 0 M		4 0 0 M		
PB	00:38.26		01:21.00		02:05.79		02:49.40		03:33.51		04:17.63		05:01.59		05:42.92		
	00:38.26		00:42.74		00:44.79		00:43.61		00:44.11		00:44.12		00:43.96		00:41.33		
																	

Coach feedback: